

## **Directions for the Phil Parker Training Institute.**

To introduce you to the area we have created a virtual map of local cafes, bars and restaurants.

<http://maps.google.co.uk/maps/ms?ie=UTF8&hl=en&oe=UTF8&msa=0&msid=114841756818002654230.00045715e0a2a43096d8b&ll=51.581697,-0.12454&spn=0.006414,0.019226&z=16>

[www.incrouchend.com](http://www.incrouchend.com) is a local website with listings and recommendations of places to eat drink and shop locally.

In **September** the training course will be held in **Weston Park School**. However from **October** it will be held at the **Greig City Academy** (details below).

[http://www.greigcityacademy.co.uk/library/GCA\\_map.pdf](http://www.greigcityacademy.co.uk/library/GCA_map.pdf)

**The address is:** Greig City Academy

High Street  
Hornsey  
N8 7NU

## **Directions from Turnpike Lane Underground Station:**

From Turnpike Lane underground station take the 144 bus towards Muswell Hill Broadway and get off at Myddelton Road; the Greig City Academy will be on the same side of the road.

## **Directions from Finsbury Park Underground Station:**

From Finsbury Park underground station follow signs towards the Wells Terrace Bus station. Take the W3 towards Northumberland Park (the bus begins from the station so only goes in one direction) and get off at Middle Lane/Priory Road. Walk to your left (in the opposite direction to the bus), crossing over Middle Lane onto High Street. The Greig City Academy is a short walk down this road on the opposite side.

## **Directions from Hornsey Railway Station:**

From Hornsey Rail station turn right outside the station and then turn left onto High Street. You will see the Greig City Academy on your left.

**Buses:** 144, W3, W7, 41 a

**Underground:** Turnpike Lane, Finsbury Park

**Rail:** Hornsey

See the link below for a map of the local bus routes. Get off at bus stop L on the W3 or bus stop K on the 144

<http://www.tfl.gov.uk/tfl/gettingarod/maps/buses/pdf/hornsey-12612.pdf>